



# Our Visit to the Royal Botanic Gardens

## Food Forest



We are going to visit the Royal Botanic Gardens Victoria.

We can also call it the Botanic Gardens.

The Botanic Gardens is a beautiful, large garden near the city of Melbourne.

It has many plants from all around the world.





We will look for the meeting place when we arrive at the Botanic Gardens.

A Learning Facilitator will greet us.





There is a quiet, shady place to have a snack and a drink.



The toilets are nearby too.





My teacher and the Learning Facilitator will help me to stay safe at the Gardens.



We will maintain physical distancing at the Gardens.





We are going to explore the Gardens and discover plants which provide us with food. We can touch and smell the plants in the Kitchen Garden.





We can look high and low to find the plants.

Can you see grapes growing on the grapevine?





The Learning Facilitator will help us to harvest some food plants.

We can take the plants back to school and taste the plants.

Perhaps we can cook with the plants.





We will look for the  
compost bay.

Fungi, bacteria and worms  
help this garden waste turn  
back into soil for healthy  
plants to grow.





We will look for worms in the worm farms.

We can feel the worms wriggle on our hand.

Worms recycle our food scraps and make worm castings (worm poo).

The castings provide food or nutrients for plants to grow.





We will discover more food plants as we explore the Children's Garden.

We can tap and gently shake the bamboo. It feels smooth and cold.

Do you eat bamboo shoots?





We will look for lomandra with long, thin leaves.

Aboriginal people ground the seeds of lomandra to make flour.

Can you see spikes on the plant? We will touch the plant gently.



We can feel the trunk of the very tall Chilean wine palm.

We may find a coquito fallen to the ground. Coquitos are the smallest coconuts in the world.





We will look for Bunya Bunya.

The leaves are spikey so we will touch them gently.

The seeds provided food for Aboriginal people.





The Herb Garden is full of plants used for food, medicine and perfume. We can rub the leaves to release the scents.

There are signs with symbols next to the plant . Can you find a cooking herb? What country does the plant come from?





As we explore the Gardens we must remember to;

- walk, not run
- stay on the paths or grass



We can find quiet places to rest.





There are toilets along the way if we need them.





We will walk back to our quiet space for lunch.

Look up into the banana leaves, you may see a beautiful flower.

The banana flowers and leaves are used in cooking.





There are so many food plants to discover at the Gardens.  
We will have fun exploring the Royal Botanic Gardens.

